



清晨时光

AdDuha

الضُّحَى

奉大仁大慈的安拉尊名

In the name of Allah,
Most Gracious, Most Merciful.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

1. 凭清晨时光，

1. By the morning brightness.

وَالضُّحَىٰ ﴿١﴾

2. 和宁静的夜晚作证，

2. And the night when it covers with darkness.

وَاللَّيْلِ إِذَا سَجَىٰ ﴿٢﴾

3. 你的主不曾舍弃你，他也没有厌恶你。

3. Your Lord has not forsaken you, nor is He displeased.

مَا وَدَّعَكَ رَبُّكَ وَمَا قَلَىٰ ﴿٣﴾

4. 你的后来一定比先前更好。

4. And indeed the Hereafter is better for you than the present (life of this world).

وَلَلْآخِرَةُ خَيْرٌ لَّكَ مِنَ الْأُولَىٰ ﴿٤﴾

5. 你的主一定会赏赐你，你将因此而满足（喜悦）。

5. And your Lord shall soon give you (much), so you shall be well pleased.

وَلَسَوْفَ يُعْطِيكَ رَبُّكَ فَتَرْضَىٰ ﴿٥﴾

6. 他（主）不曾发觉你是孤儿而保护你吗？

6. Did He not find you an orphan, then He sheltered (you).

أَلَمْ تَجِدْكَ يَتِيمًا فَآوَىٰ ﴿٦﴾

7. 他（主）不曾见到你迷惘彷徨而引导你吗？

7. And He found you lost of the Way, then He guided (you).

وَوَجَدَكَ ضَالًّا فَهَدَىٰ ﴿٧﴾

8. 他（主）不曾发现你生计匮乏而使你富足吗？

8. And He found you poor, then He enriched (you).

وَوَجَدَكَ عَائِلًا فَأَغْنَى ﴿٨﴾

9. 所以你不要苛待孤儿，

9. Then as for the orphan, so do not be harsh.

فَأَمَّا الْيَتِيمَ فَلَا تَقْهَرَ ﴿٩﴾

10. 也不要斥逐乞求者，

10. And as for the beggar, so do not repel.

وَأَمَّا السَّائِلَ فَلَا تَنْهَرْ ﴿١٠﴾

11. 而要宣扬你的主的恩典！

11. And as for the bounty of your lord, do proclaim.

وَأَمَّا بِنِعْمَةِ رَبِّكَ فَحَدِّثْ ﴿١١﴾

